



MATERIALS LIST – 1 YEAR

**IES CESARIO VERDE INTERNATIONAL SCHOOL
PORTUGAL**



Hygiene and clothing

2| changes of clothes ;

Sheets and a cloth bag to store them in;

1| hat;

Shoes to wear only at school;

1| glass or bottle of water;

1| long-sleeved bib according to the child's needs;

1| hard plastic bib;

Diapers

2| packs of wipes to start with and then ordered as needed;

1| diaper changing pad;

Saline solution, compresses;

First hygiene water (e.g. Uriage) (optional);

1| soother with box and chain to keep in the room in case you use it;

1| reusable bag.

Food

1| packet of cookies per month.

For children who bring food from home, please note that the **soup must come in a thermos**.

It cannot be transported in a plastic or glass box; it must be thoroughly heated before placing it in the thermos.

Some suggestions available on the market:

<http://www.eurekakids.pt/bebe/termos-e-lancheiras>

Service

The classroom team will be available to talk to parents during reception and drop-off times;

The teacher is available to meet by appointment.